





14th September 2024

Cardinal Wiseman R.C. School Potters Green Road Coventry CV2 2AJ

Adjudicators

Maria Stanley: Midlands Nicola King: Northwest

Kirsty Blair – McCarthy: Southern England Chris McPartland: Southern England

Ciara Lennon: Ulster

Clodagh Lannigan Walsh: Leinster Virginia Travis: Northwest Meave Madden: Midlands

Julie Loughlin: Southern Region

Musicians

Aiden O'Neill: Southern Region
Anthony Davis: Midlands

Magella Collins-Brooks: Southern Region





REGISTERED WITH AN COIMISIUM LE RINCI GAELACHA

Welcome to our 18th Feis!

We are back at our fantastic venue for this year with exceptional facilities. Our catering facilities will be the same high standard, providing hot and cold food during the weekend.

We will be holding both Preliminary and Open championships. This will give competitors an excellent chance to dance their Set Dances before the Great Britain Championships.

Our thanks to all sponsors of awards and to all others that have contributed in the preparation and running of the feis.

A panel of 3 adjudicators will judge all Solo & Preliminary Championships.

Phyllis's Minnies

We will also this year be continuing a competition dedicated to our Mum and former teacher Phyllis Matthews Elwick. We are calling this competition Phyllis's Minnies. This will be aimed at those Little Minnies who love Irish dancing but aren't quite ready for a grade competition and have not previously danced in any grade (Novice, Primary, Intermediate, and open) competitions at a feis. We want to make this a fun and memorable experience for all our newest Irish dancers so each child will perform 16 bars of light dance music, they will be introduced to our adjudicators and will be counted in to know when to start in the music.

The entry fee is £6 per child and each dancer will be awarded with a prize to mark their participation.

The Matthews Academy looks forward to meeting you and hope that you have an enjoyable weekend.

We will be awarding 1st-5th sashes in both Preliminary and Championship competitions.

Entries may be submitted by post to the address below or alternatively on the day of the Feis.

Jenny Wilson- Flower 28 Ringwood Highway, Potters Green, Mob: 07989558807

Email: matthewsfriends2018@hotmail.com

ENTRY FEES

Trophy Competitions £6.00
Phyllis's Minnies £6.00
Championship U6/U7 including 2 solo results £30.00
Championship U8/U9 including 2 solo results £40.00
Championship U10 upwards including 2 solo results £40.00
Mixed Preliminary Championships including 2 solo results £40.00

Family Fee £90.00 maximum

Door price per adult £5.00

All cheques must be made payable to Jenny Flower

RULES AS AT JUNE 2023

These rules should be read in conjunction with rules laid out by An Coimisiun Le Rinci Galeacha. – Link Microsoft Word - Rules of An Comisiun le Rince Gaelachta 01 Jan 2020 (updated 30 Jun 2022).doc (clrq.ie)

1. GENERAL

- 1.1. Adjudicator's decision is final.
- 1.2. Committee members only may approach adjudicators.
- 1.3. Any protest against breach of rules must be made in writing to the feis organiser within one hour of conclusion of a competition, with a fee of £25.00. Should the objection be upheld the fee will be refunded.
- 1.4. Entries will only be accepted from schools registered with An Coimisiun.
- 1.5. Lodgement of entries at a feis implies that you accept the rules relating to the feis in their entirety as laid down by the An Coimisiún le Rinci Gaelacha & Midland Regional Council.

2. AGE GROUPS

- 2.1. Age to be taken from 1st January of the current year. Where a competitor's birthday falls on 1st January he/she shall, be regarded as under the age attained on that day.
- 2.2. Competitors must dance in their own age group for solo competitions except where there is no provision for that dance in that age group.

GRADES

- 3.1. At any one Feis, a dancer may only dance each Solo Dance in ONE grade.
 - 3.1.0. Exception Dancers ARE permitted to dance in both Novice Reel and Primary Reel competitions.
- 3.2. **Novice** Confined to competitors who have not progressed out of Novice grade (including Trophy Competitions) for that particular dance in any age group.

Primary - Confined to competitors who have not progressed out of Primary grade (including Trophy Competitions) for that particular dance in any age group.

Intermediate – confined to competitors who have not progressed out of Intermediate grade (including Trophy Competitions) for that particular dance in their present age group.

Open – Open solo dancers must be on syllabus for U6 – U9 age groups.

- 3.3. All grade competitions are open to all regions.
- 3.4. In a trophy competition, a dancer must have performed their choice of dance in the solo competition.
- 3.5. Grade Progression is as follows:

Grade	No of Entries	No of dancers to progress
	5 or less	0
Novice & Drimon,	6-10	1 dancer
Novice & Primary	11 – 20	2 dancers
	21+	3 dancers
Intermediate	5 or less	0
	More than 5	1st place only

4. PRELIMINARY/OPEN CHAMPIONSHIPS AND PREMIER COMPETITIONS:

- 4.1. Championship/Premier Competitions Only Intermediate and Open dancers are eligible to compete (except under 6 and 7 all grades are allowed to compete).
- 4.2. Under 6s & under 7s Championships/Premier must dance Reel & Light Jig or Hop (Single) Jig.
- 4.3. Under 8s and Under 9s must dance Reel and Heavy Jig. A recall is at the discretion of the feis organisers.
- 4.4. Under 10 and up. All dancers must be given a choice of Reel or Slip Jig and Jig or Hornpipe and recall set dance.
- 4.5. Subsidiary solos may be run at the discretion of the feis organisers.
- 4.6. IF a minimum number is stated for ANY championship to be held, then this must be consistent for ALL championship competitions. E.g., if you decide on a minimum number of 5 in order to run a separate boys or prelim championship then this must be consistent with the number required to run any championship
- 4.7. PRELIMINARY CHAMPIONSHIP RULES
 - A minimum number of three Adjudicators must officiate.
 - The first age group for a Preliminary Championship is Under 10.
 - Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
 - Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
 - Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
 - Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 12 months thereafter.

- For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary
 within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts
 afresh.
- Where there are less than 6* in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.
- Dancers placing 1st_3rd in an Open Championship with up to 20* competitors or 1st_5th in an Open Championship with more than 20* Competitors cannot compete in a Preliminary Championship for a period of 12 month.
- 4.8. The Midland region allows dancers to participate in any 1 round of preliminary champs as a separate solo round these dancers should not be included in the numbers indicated above with *.

5. DANCE MOVEMENTS

- 5.1. In Novice Grades only basic steps should be performed i.e. no intricate movements.
- 5.2. Rules appertaining to Dance movements such as toe movements as laid out by An Coimisiun apply

6. METRONIMIC SPEEDS

Novice Grade/Bun Grád	Primary Grade/Tús Grád	Intermediate Open Grade/ Meán/Árd Grád	Traditional Set Dance
Reel	Primary: Reel116 -118 Hop Jig	Reel 113 Hop Jig 124 Light Jig 116 Slip Jig 113 Heavy Jig 73 Hornpipe	St Patrick's Day 94 The Blackbird 144 Garden of Daisies 138 Job of Journeywork 138 King of the Fairies 130 Three Sea Captains 96 Jockey to the Fair 90

7. COSTUME & MAKE-UP

- 7.1. All costume and make-up rules as laid out by An Coimisiun apply Link Updated Costume Rules at 01 Jul 21.doc (live.com)
- 7.2. Undergarments Appropriate undergarments covering the midriff must be worn. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated will be asked to put on black tights of a denier of not less than 70.
 - See here for illustrations Costume drawings (clrg.ie) Microsoft Word Rules and Motions Passed by CLRG since 01 Sep 2021.docx
- 7.3. Under no circumstances should dancers walk around any dancing venue in their underwear. Neither should dancers (regardless of age) change in to or out of costume in the main dancing hall, if at all possible. At all times, dancers should be properly attired.

8. FIGURE AND CEILI

- 8.1. Rules regarding age and re-dancing as laid out by An Coimisiun apply.
- 8.2. Figure Championship in the U7's year group may be a 6 hand dance, 8 hand Ceili or Figure Dance of 6 or more
- 8.3. Mixed Ceili A mixed team must consist of at least 2 boys or 2 girls. .

9. MEDIA POLICY

Any form of unauthorised photography, which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, commercial film, with or without enhancement, is expressly forbidden during competitions.

10. CARRIAGE AIDS - All rules as set out in CLRG rules must be adhered to.

- 10.1. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- 10.2. Any competitor wearing their shoes on the wrong feet will be treated in the same manner as if using carriage aids and be subject to disqualification.
- 10.3. In order to comply with health and safety measures, dancers may be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or arm attachments these dancers will not be permitted to perform.

11. ORDER OF DANCING, CONDUCT, MISHAPS ETC

- 11.1. Should a dancer lose a heel or a complete shoe or have an open lace he/she may stand back allowing the other dancer(s), where applicable, to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to redance as soon as it is deemed practicable by the stage steward.
- 11.2. Should a dancer fall on stage, whether in solos or in teams, the adjudicator MUST ring the bell to stop the performance of the dancer(s). Dancers so affected will be permitted to redance and will be marked then at the discretion of each individual adjudicator. If a dancer falls during the last 8 bars of any performance, then he/she would only be required to dance the last 16 bars of that dance.

- 11.3. Should a dancer slip, bump into another dancer or have a costume malfunction whether in solos or in teams, the bell will be rung at the discretion of the adjudicators to stop the performance of the dancer(s). Dancers so affected will be permitted to redance and will be marked then at the discretion of each individual adjudicator.
- 11.4. Where a dancer fails to complete his / her performance in any given round, that dancer will automatically receive ZERO marks from all adjudicators for that round.
- 11.5. Competitors beginning to dance before or after the stipulated set dance introduction will automatically receive ZERO marks from all adjudicators for that round.
- 11.6. A competitor must not walk off the stage during a performance unless instructed to do so by an adjudicator. A dancer who dismisses themself from the stage without the permission of an adjudicator will not be marked for that particular dance.

PROGRAMME OF DANCES				
Age Group	Novice	Primary	Intermediate	Open
	Phyllis's Minnie	es (Special Competitio	n) Ungraded 16 bars any	
	light dance			
Under 6 Under 7	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig
	ι	Ungraded Trophy He Ungraded Trophy Ho Ingraded Trophy Trad	ornpipe	Championship
Under 8 Under 9	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig	Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig Trophy Heavy Jig
	Trophy Heavy Jig	Trophy Heavy Jig	Trophy Heavy Jig	Trophy Hornpipe Traditional Set
	Trophy Hornpipe	Trophy Hornpipe Traditional Set Dance	Trophy Hornpipe Traditional Set Dance	Dance Championship
Under 10	Trophy Reel	Trophy Reel	Trophy Reel	Preliminary
Under 11 Under 12	Trophy Hop Jig Trophy Light Jig	Trophy Hop Jig Trophy Light Jig	Trophy Hop Jig Trophy Light Jig	championship
	Trophy Slip Jig	Trophy Slip Jig	Trophy Slip Jig	U10, U11,u12.U13. U14, U14 Over 14
	Trophy Heavy Jig	Trophy Heavy Jig	Trophy Heavy Jig	Open Championship
	Trophy Hornpipe	Trophy Hornpipe Traditional Set Dance	Trophy Hornpipe Traditional Set Dance	U10. U11.U12,U13.U14 U15. U16. U17. U19, Senior
Over 12		Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig Trophy Heavy Jig Trophy Hornpipe Traditional Set Dance		
		Traditional Set Dance		
Under 14 Over 14			Trophy Reel Trophy Hop Jig Trophy Light Jig Trophy Slip Jig Trophy Heavy Jig	
			Trophy Hornpipe Traditional Set Dance	

		PLEASE NOTE – NEW!!! Dancers, who are ineligible to dance in the intermediate grade for Reel, Slip Jig, Heavy Jig or Hornpipe may enter for just 1 round of the Preliminary championship ie light OR heavy (£4.50). This is particularly pertinent for younger/new dancers who may have gained a 1st place in the intermediate grade but are not quite ready for full preliminary championships level. Separate solo results are awarded in each round of the preliminary championship.
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From Under 10 upwards separate solo awards will be given in the first two rounds of the championship and Preliminary Championships

Open and Preliminary Championships required dances			
Girls/Boys/Mixed			
Under 6 Open Champ	Reel	Light Jig or Hop Jig	
Under 7 Open Champ	Reel	Light Jig	
Under 8 & 9 Open Champ Under 10 Open/Prelim champ	Reel Reel or Slip Jig	Heavy Jig Heavy Jig or Hornpipe	Traditional Set Dance Traditional or Open Set dance
Under 11 - Senior Open Championship	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
Preliminary Champs Under 11-Over 14	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance

SATURDAY 14th September 2024

Hall A		
8:15am	Under 12 & Under 13 Championship Alternating	
10:30am	Phyllis's Minnies	
<u>11.15am</u>	Under 10 & Under 11 Championship Alternating	
12.30pm	Under 14 Championship	
2:00pm	Under 15 and Under 16 Championships	
3:30pm	Under 17 & Senior Championship	

	Hall B
8:15am	Under 12 & Under 13 Preliminary Championship Alternating
11:15am	Under 8 & Under 9 Championship Alternating
<u>12pm</u>	Under 10 Preliminary Championship
1:30pm	Under 6 & Under 7 Championship
2:15pm	Under 11 Preliminary Championship
3:15pm	Under 14 & Over 14 Preliminary Championship

		SPORTS HALL	
	STAGE 1	STAGE 2	STAGE 3
<u>8:15am</u>	U8 Novice	U9 novice	U10 Novice
9:30am	U8 Primary	U9 Primary	<u>U10 Primary</u>
<u>10:30am</u>	<u>U8 Inter/open</u>	U9 Inter/ Open	<u>U10 Int/open</u>
<u>11:30am</u>	U6 Novice	<u>U7 Novive</u>	Under 6 Inter/open
12:15pm	U6 Primary	U7 Primary	<u>U7 Int/Open</u>
<u>1:15:pm</u>	U11 Novice	U11 Primary	<u>U11 Int</u>
2:00pm	U12 Novice	U12 Primary	U12 Int
3:00pm	Over 12 Primary	Under 14 Int	Over 14 Int

Appeal to teachers and last year's winners

A list of 2023 winners is attached to syllabus to ensure that all cups are returned in good time for this years Feis.

Thank you for your help

Championship

Age Group	<u>Name</u>	Dance School
UNDER 6	SADIE CLARK-SINGLETON	CARA GAEL
UNDER 7	ANNIE MOLONEY	TURLEY-DUGGAN
UNDER 8	IVY ROSE LYNCH	DEVANEY-TOGHER
UNDER 9	AOIFE SKITT	DUFFY TRAVIS KING
UNDER 10	NELA FUSKO	MURCHU DUIGINN
UNDER 11	EVA JANE MOSS	BROOKS
UNDER 12	LEXI WALSH	SCANLON
UNDER 13	LAUREN GALLAGHER	HENNIGAN
UNDER 14	EMILY TORRANCE	MARIE CONNELL
UNDER 15	TOBY MCGUINNESS	CLADAGH
UNDER 16	OLIVIA DELANEY	MCGAHAN LEES
UNDER 17	ELLIE KATE MCCARTHY	MCGAHAN LEES
UNDER 19	LIZZIE ANDERSON	MCGAHAN LEES
SENIORS	LAURA DAVIDSON	SHARON TAYLOR

Preliminary Championship

Age Group	<u>Name</u>	<u>School</u>
UNDER 10	FRANCESCA HADEN	MARIE CONNELL
UNDER 11	CONOR UNDERHILL	DUFFY TRAVIS KING
UNDER 12	CAOIMHE DUNFORD	CEIM OIR
UNDER 13	SOPHIE CLEARY	MURCHU DIUGINN
UNDER 14	CLEONA DOOGAN	TRAINOR
OVER 14	PEARL PURSLOW	O MALLEY

DIRECTIONS TO CARDINAL WISEMAN SCHOOL

Directions from Junction 2 on M6 Motorway
Take A4600 (LEICESTER ROAD) signed –Hospital A&E
Walsgrave Triangle

At Second Island turn Right (3rd Exit) – into Wigston Road MacDonald's Restaurant on corner

At the end of the road, turn left into Woodway Lane Then take first right into Potters Green Road

Cardinal Wiseman School entrance 500 mtr on left

